

## Double Sit Up Bench

**MSRP \$2,260.00**

**SALE \$1,739.00**

### Highlights:

- Curved for comfort during the workout
- Gray plastic base covers for a clean look
- Sets two exercisers at a comfortable distance apart
- Essential piece of equipment for any outdoor fitness area

**Age Group:** Adult

**Footprint:** 5' 4" x 5' 5"

### COMPLIES With:

ASTM F1487-17

CPSC PUB #325



Visitors to any outdoor fitness area will always expect to see some version of the Double Sit Up Bench. Sit ups have been a classic exercise for years with the reputation of helping in the journey towards washboard abs. The Double Sit Up Bench boasts the classic two bar design that can be used when doing sit-ups, crunches and even reverse sit-ups that work the lower abdominals. The bench itself is perforated and PVC coated for a more comfortable feel and to increase its durability. The comfort continues on features such as the covers on each of the leg bars. The two person set-up allows for multiple people to workout at once; allowing for heavier foot traffic at your outdoor gym. Choose up to two of our custom colors to help the Double Sit Up Bench blend in or stand out in your environment. Each bench is powder coat painted for extended durability and to handle years of use.