

Triple Royal Tai Chi Hand Swing

MSRP \$4,578.00

SALE \$3,522.00

Highlights:

- Great pre and post workout
- Comprised of commercial-grade materials
- Steel can be color customized in up to two colors
- Three teens and adults can workout at the same time

Age Group: Adult

Footprint: 5' 9" x 6' 3"

COMPLIES With:

ASTM F1487-17

CPSC PUB #325



The Triple Royal Tai Chi Hand Swing is a great addition to your outdoor fitness area. It is designed to give your body a break after high intensity workouts. Originally developed as a form of self-defense, Tai Chi offers a stress reducing, low impact workout for people of all ages. Not only this, but Tai Chi also helps to improve balance and flexibility. This experience can be shared with two other individuals, and with an added resistance mechanism, all users can get even better results from stretching. The Royal Tai Chi Hand Swing and Double Tai Chi Hand Swing offer the same exercise but for only two people at a lower price. The Royal series of fitness equipment include a detailed guide that outlines workout instructions. These highlight proper techniques and show the benefits of this unit. The Triple Royal Tai Chi Hand Swing is a great way to prepare for a strenuous routine and to cool-down afterward.